



TREATMENT MENU

Welcome to NEW Sense Spa Suite

Faithful to the values of authentic Greek hospitality, **NEW Sense Spa** invites you to a serene escape from the vibrant rhythms of Athens. Inspired by the timeless connection between people and nature, our treatments are infused with the healing power of Greek herbs, essential oils, and native plant extracts. We proudly collaborate with **KORRES SPA**, a brand that was inspired by Greek hospitality, the simplicity of essential life and the harmony of natural beauty, and **Ariadne Athens**, a premium skincare brand grounded in the purity of natural Greek ingredients and the essence of refined self-care. Our rituals are designed to awaken the senses through rich textures, captivating natural aromas, and deeply restorative techniques — each treatment a celebration of nature's elegance and the therapeutic beauty of Greek tradition.

Thermal Spa Facilities

Enhance your spa journey and awaken your senses through the healing power of heat and water. Begin your experience with a **revitalizing steam bath** or a **Jacuzzi session with local salt crystals**, allowing your body to relax and your skin to fully absorb the benefits of the treatment that follows.

Steam Room

A gentle 45°C steam envelops the body, opening pores, releasing toxins, and relieving muscular tension —the perfect prelude to any spa therapy.

Jacuzzi with Salt Crystals

Immerse yourself in warm, bubbling water enriched with **natural Greek salt**, promoting deep relaxation, improving circulation, and soothing the body before your ritual begins.

*For your comfort and peace of mind, the **Thermal Spa Area is reserved exclusively** for your private use during your session.

Maximum Duration: 50 min

Price: €50 per person | €80 per couple

Reservation required in advance or upon same-day request, subject to availability.



Ritual Journeys

KORRES Wild Rose Silk Emotions Ritual

A signature ritual inspired by the iconic Wild Rose line of KORRES — a symbol of timeless Greek botanical beauty. This indulgent treatment delivers powerful antioxidant action and visible skin revitalization, combining Super Vitamin C with omega-rich linoleic and linolenic acids to target fine lines, uneven tone, and signs of fatigue. The ritual unfolds in layers of sensory pleasure: a silky body scrub or nourishing mask, a brightening mini facial, and a 40-minute full-body massage with Wild Rose-infused oils. Skin is left deeply hydrated, visibly smoother, and naturally radiant.

Key elements: Body scrub or body mask · Mini facial · 40' full-body massage
Duration: 90 min | **Price:** €140

KORRES Santorini Grape Velvet Senses

A deeply nourishing ritual inspired by the volcanic soil and antioxidant-rich grape varieties of Santorini. This complete face and body experience helps smooth skin texture, replenish moisture levels, and visibly improve radiance — powered by the polyphenols and resveratrol naturally found in Santorini grape extract. Enjoy a sensorial blend of targeted facial touch points and a rejuvenating body massage, enhanced with KORRES body smoothing milk. The treatment restores softness and elasticity, even to the most demanding skin.

Key elements: Mini facial · Face pressure points · Full-body massage · Nourishing cream application
Duration: 90 min | **Price:** €130

One Million Nights Luxury Velvet Ritual by Ariadne Athens

A sensorial ode to elegance and deep rejuvenation, this signature ritual celebrates the enchanting Iris flower and the glow of 24K gold. It begins with a silky hammam body scrub, followed by the Serifos Precious Stones & 24K Gold Body Mask, restoring softness and vitality.

A bespoke full-body massage with the precious One Million Nights oil melts away tension and leaves your skin divinely nourished. A luxurious escape that evokes the magic of a summer night in a secret garden.

Key elements: Welcome touch · Body scrub · Gold body mask · Full-body massage · Final body care
Duration: 120 min | **Price:** €180

Couples Experience

An Intimate Wellness Ritual for Two

Step into a sanctuary designed for reconnection, where two experiences unfold in harmony. This exclusive couple's ritual takes place in our private spa suite — one part dedicated to personalized massage, the other to deep immersion in our warm Jacuzzi and hamam. While one of you enjoys a full-body massage performed by our expert therapist, the other relaxes in the Jacuzzi and hamam, indulging in a traditional self-care ritual with natural Greek olive oil soap and an exfoliating loofah sponge. A moment of grounding and cleansing, inspired by timeless Mediterranean practices.

Choose your massage style:

- New Sense Aromatherapy Massage
- Deep Tissue Massage

Total duration: 90 min

Massage: 2 × 40 min per person · **Jacuzzi & self-scrub ritual:** alternating 40 min use
Price: €100 per person





Facial Treatments

KORRES Greek Yoghurt Dazzling Glow

A refreshing facial ritual powered by the hydrating properties of authentic Greek yoghurt — rich in probiotics and prebiotics that help reinforce the skin's natural defense. Cooling, soothing, and replenishing, this light-textured treatment restores radiance and comfort to dull or dehydrated skin.

The experience includes deep cleansing, gentle exfoliation, a dual-action mask, and a signature face massage with pressure points, followed by neck, scalp, and hand massage for total relaxation.

Key elements: Cleansing · Exfoliation · Double mask · Pressure point face massage · Neck & scalp massage · Hand massage

Duration: 55 min | **Price:** €80

KORRES Wild Rose Effective Romance

A radiance-boosting facial inspired by the iconic Wild Rose — the eternal symbol of love and a KORRES signature. Powered by Super Vitamin C and rich Wild Rose oil, this treatment targets fine lines, discoloration, and dullness with clinically proven effectiveness from the very first application. The oil's blend of linoleic and linolenic acids deeply hydrates, softens, and supports skin regeneration, leaving your complexion brighter, smoother, and visibly renewed.

Key elements: Exfoliation · Serum · Mask · Face massage · Neck & scalp massage · Hand massage

Duration: 70 min | **Price:** €100

ANAPLISIS – Miracle Skin Renewal

by Ariadne Athens

A powerful anti-aging facial designed to visibly renew, restore, and deeply revitalize tired or mature skin. This innovative treatment harnesses the regenerative properties of alkanna tinctoria root, infused in the signature Skin Rebirth Reinventing Gel, known for its antioxidant, anti-inflammatory, and healing benefits.

The ritual includes a gentle exfoliation, a detoxifying quartz crystal lymphatic massage, and a layering of targeted masks and massage techniques to restore balance, firmness, and radiance.

Key elements: Welcome touch · Face scrub · Quartz crystal lymphatic massage · Two face masks · Face massage · Final care

Duration: 60 min | **Price:** €90

RHODON – Luxury Anti-Ageing Face Treatment

by Ariadne Athens

An ultra-luxurious facial that combines the power of precious gemstones and botanical actives to reveal a visibly firmer, smoother, and rejuvenated complexion. Designed to address signs of aging such as fine lines, dryness, and loss of elasticity, this ritual delivers an instant “glass skin” effect. The treatment features a velvet-textured Serifos mask infused with Aquamarine and Moonstone, followed by a radiance-boosting mask rich in flavonoids and vitamin C. A rejuvenating massage with Rose Quartz crystals stimulates microcirculation and smooths expression lines, while evening primrose and Ylang-Ylang promote elasticity and restore youthful vitality.

Key elements: Welcome touch · Face scrub · Quartz crystal lymphatic massage · Two face masks · Face massage · Final care

Duration: 70 min | **Price:** €100

Body Treatments

Create Your Own Body Ritual

by Ariadne Athens

Design a personalized body journey inspired by the scents, textures, and healing richness of Greek nature. Choose from three ritual stages to create the ultimate sensory experience tailored to your skin's needs and your mood of the day.

Soft Sensation Body Scrub

A luxurious full-body exfoliation using delicate sugar crystals that gently remove dead skin cells, boost circulation, and restore your skin's natural glow.

Scents to choose from:

- Secret Paradise – Fresh coconut
- White Rose Petals – Jasmine & gardenia
- Vanilla Mocha – Chocolate & mocha

Duration: 40 min | Price: €60

Intensive Care Body Wraps

Continue your ritual with a targeted, nourishing body wrap, designed to hydrate, detoxify, or soothe the skin. Each wrap begins with the corresponding aromatic scrub for enhanced absorption and results.

Combinations to choose from:

- Secret Paradise – Coconut scrub · Yoghurt, aloe & cucumber wrap
- White Rose Petals – Jasmine & gardenia scrub · Serifos 24K gold wrap
- Vanilla Mocha – Mocha scrub · Honey & olive oil mask

Duration: 60 min | Price: €80

Total Body Bliss

Enjoy the full ritual experience. This complete treatment includes the **Intensive Care Body Wrap** — starting with your chosen aromatic scrub, followed by a **nourishing body mask** — and concludes with a **deeply relaxing full-body massage** using the matching scented oils. A holistic journey that hydrates, restores, and relaxes both body and mind.

Duration: 90 min | Price: €130

Jet Lag Recovery

Post-Travel Rescue Treatment

Escape travel fatigue and restore your inner balance with this invigorating ritual designed to reset the body's natural biorhythms. Perfect for combating jet lag, exhaustion, or post-travel tension, this energizing experience grounds you and restores your sense of harmony when everything feels out of sync.

A delicate mocha scrub leaves the skin silky smooth, preparing it to fully absorb the benefits of the rejuvenating massage that follows. Uplifting citrus aromas awaken the senses, while expertly choreographed massage techniques ease tension. A refreshing blend of spearmint and grapefruit provides a cooling sensation, stimulating circulation and bringing deep comfort to both body and mind.

Key elements: Face & body scrub · Facial skincare · Head & foot massage

Duration: 70 min | Price: €110

Add-on Treatments

Add a touch of personalized care to your treatment with our targeted add-ons — designed to complement and enhance your experience.

Treatment	Description	Duration	Price
Fast Glow Facial	Express facial for instant radiance	20 min	€20 per person
Soft Sensation Body Scrub	Gentle exfoliation for smooth, renewed skin	20 min	€20 per person
Head & Neck Massage	Focused relief for tension-prone areas	20 min	€20 per person
Hand & Foot Massage	Nourishing and deeply relaxing ritual	20 min	€20 per person
Thermal Spa Facilities	Private steam or Jacuzzi with salt crystal soak	30 min	€30 per person / per couple €50

**Add-ons are priced per person and must be combined with a main treatment.*

Massage Treatments

NEW Sense Aromatherapy Massage

Our signature massage experience, featuring KORRES botanical oil blends, is inspired by traditional therapeutic techniques that restore balance and re-align energy flow. A curated selection of native Greek aromatic oils is offered to match your personal needs — whether you seek deep relaxation, detoxification, or muscle relief. Combining flowing movements, pressure points and grounding spirals, this massage brings harmony to body and mind, offering both physical and emotional renewal.

Key elements: Full-body massage · Personalized oil blend of your choice

Duration: 55 min | **Price:** €90 | 85 min | **Price:** €130

Melting Sensation Candle Massage

De-Stress – Empowering – Relaxing – Recharging

by Ariadne Athens

Surrender to a captivating massage ritual where warm, aromatic candle wax melts into nourishing oil. As the delicately scented drops touch your skin, they release deep hydration and a sensuous fragrance that calms the mind and uplifts the spirit. The slow, flowing movements of this velvet-textured massage ease muscular tension, enhance circulation, and restore emotional balance — offering a deeply immersive aromatherapy experience that promotes bliss and holistic well-being.

Key elements: Full-body massage with Ariadne Athens warm, natural candle wax

Duration: 60 min | **Price:** €100

Deep Tissue Massage

Recharge your body with a focused, intensive massage designed to release deep muscular tension and stimulate circulation. Ideal for those with physical fatigue, stiffness from over-exertion, or fluid retention, this technique targets areas of chronic tightness, helping to eliminate lactic acid build-up and recondition the body. Enhanced with detoxifying essential oils, this full-body treatment restores flexibility, relieves soreness, and improves overall skin tone and vitality.

Key elements: Deep-pressure full-body massage focused on muscle relief and circulation

Duration: 55 min | **Price:** €100 | 85 min | **Price:** €150

Head & Back Massage

A restorative treatment focused on relieving tension in the back, neck, shoulders, and head — the areas where stress tends to accumulate most. Using warm, organic raw coconut oil and tailored massage techniques, this experience combines the healing power of touch with the comfort of natural aroma and texture.

Ideal for those seeking quick yet effective stress relief, promotes relaxation, clarity and a sense of grounded ease.

Key elements: Focused massage for back, shoulders, neck & head using raw coconut oil

Duration: 40 min | **Price:** €70

Leg & Foot Revival Massage

A highly effective restorative and soothing treatment for legs and feet, designed to relieve soreness, reduce swelling, and rejuvenate tired muscles. A full leg and foot massage to reduce inflammation and stimulate blood flow, followed by a cooling foot mask and deeply hydrating cream.

Key elements: Elegant foot massage

Duration: 40 min | **Price:** €80



Book your appointment today!
Please scan the QR code or call the main reception.



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